



이 교재는 조인랭귀지닷컴이 화상영어를 위해 구성한 교재로, 조인랭귀지닷컴의 허가 없이 배포 및 사용을 금지 합니다.

# Word & Free Talking

*now you can talk*

## Intermediate 2

**Lesson 1**



● **Word Quiz** Read and Discuss (Synonym, Antonym, Definition, Question, Sentence)

01 endurance 인내	02 fitness 신체 단련	03 stamina 체력	04 abs 복근	05 motivate 동기를 부여하다
06 vitality 활력	07 effective 효과적인	08 supplements 보충제	09 obese 비만인	10 nutrition 영양

● **My Sentence**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_



● **Let's talk** Answer the question in complete sentence

- 1 Do you think you are fat?
- 2 Do you think you are healthy?
- 3 What springs to mind when you hear the word 'exercise'?
- 4 How often do you exercise?
- 5 Why is exercise so important?
- 6 What is the best thing to do to stay healthy?
- 7 Do you think the reason people lose weight is to stay healthy?



● **Review Words** Match the words and say the meaning

abs

motivate

endurance

fitness

stamina

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인내

신체 단련

체력

복근

동기를 부여하다

supplements

obese

nutrition

vitality

effective

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활력

효과적인

보충제

비만인

영양